



# New York State Records



## Masters Women: 35-39

| Wt. Class | Lift           | Record | Name                 | Date      | Event                                |
|-----------|----------------|--------|----------------------|-----------|--------------------------------------|
| 48        | Snatch         | 43 kg  | Amy Winn             | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Clean and Jerk | 53 kg  | Amy Winn             | 10/4/2025 | NYC Grand Prix                       |
|           | Total          | 94 kg  | Amy Winn             | 10/4/2025 | NYC Grand Prix                       |
| 53        | Snatch         | 60 kg  | Claire Weche         | 9/27/2025 | NYS Championships                    |
|           | Clean and Jerk | 74 kg  | Claire Weche         | 9/27/2025 | NYS Championships                    |
|           | Total          | 134 kg | Claire Weche         | 9/27/2025 | NYS Championships                    |
| 58        | Snatch         | 72 kg  | Record Standard      | -         | -                                    |
|           | Clean and Jerk | 80 kg  | Record Standard      | -         | -                                    |
|           | Total          | 152 kg | Record Standard      | -         | -                                    |
| 63        | Snatch         | 64 kg  | Record Standard      | -         | -                                    |
|           | Clean and Jerk | 78 kg  | Alice Hui            | 9/27/2025 | NYS Championships                    |
|           | Total          | 139 kg | Record Standard      | -         | -                                    |
| 69        | Snatch         | 67 kg  | Record Standard      | -         | -                                    |
|           | Clean and Jerk | 91 kg  | Record Standard      | -         | -                                    |
|           | Total          | 158 kg | Record Standard      | -         | -                                    |
| 77        | Snatch         | 80 kg  | Holly Crane          | 10/4/2025 | NYC Grand Prix                       |
|           | Clean and Jerk | 101 kg | Holly Crane          | 10/4/2025 | NYC Grand Prix                       |
|           | Total          | 181 kg | Holly Crane          | 10/4/2025 | NYC Grand Prix                       |
| 86        | Snatch         | 80 kg  | Maria Lopez Guardone | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Clean and Jerk | 95 kg  | Record Standard      | -         | -                                    |
|           | Total          | 174 kg | Maria Lopez Guardone | 12/4/2025 | VW Finals & UMWF World Championships |
| 86+       | Snatch         | 79 kg  | Huyen Chau           | 9/27/2025 | NYS Championships                    |
|           | Clean and Jerk | 110 kg | Huyen Chau           | 9/27/2025 | NYS Championships                    |
|           | Total          | 189 kg | Huyen Chau           | 9/27/2025 | NYS Championships                    |



# New York State Records



## Masters Women: 40-44

| Wt. Class | Lift           | Record | Name            | Date      | Event                                |
|-----------|----------------|--------|-----------------|-----------|--------------------------------------|
| 48        | Snatch         | 33 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 41 kg  | Record Standard | -         | -                                    |
|           | Total          | 74 kg  | Record Standard | -         | -                                    |
| 53        | Snatch         | 55 kg  | Zandra Pardo    | 9/27/2025 | NYS Championships                    |
|           | Clean and Jerk | 68 kg  | Zandra Pardo    | 9/27/2025 | NYS Championships                    |
|           | Total          | 123 kg | Zandra Pardo    | 9/27/2025 | NYS Championships                    |
| 58        | Snatch         | 77 kg  | Nidia Pardo     | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Clean and Jerk | 101 kg | Nidia Pardo     | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Total          | 178 kg | Nidia Pardo     | 12/4/2025 | VW Finals & UMWF World Championships |
| 63        | Snatch         | 80 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 101 kg | Record Standard | -         | -                                    |
|           | Total          | 181 kg | Record Standard | -         | -                                    |
| 69        | Snatch         | 67 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 87 kg  | Record Standard | -         | -                                    |
|           | Total          | 154 kg | Record Standard | -         | -                                    |
| 77        | Snatch         | 73 kg  | Lucille Murphy  | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Clean and Jerk | 95 kg  | Lucille Murphy  | 9/27/2025 | NYS Championships                    |
|           | Total          | 165 kg | Lucille Murphy  | 12/4/2025 | VW Finals & UMWF World Championships |
| 86        | Snatch         | 73 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 93 kg  | Record Standard | -         | -                                    |
|           | Total          | 166 kg | Record Standard | -         | -                                    |
| 86+       | Snatch         | 75 kg  | Amanda Cann     | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Clean and Jerk | 91 kg  | Record Standard | -         | -                                    |
|           | Total          | 164 kg | Amanda Cann     | 8/31/2025 | Virus Weightlifting Series II        |



# New York State Records



## Masters Women: 45-49

| Wt. Class | Lift           | Record | Name                 | Date      | Event             |
|-----------|----------------|--------|----------------------|-----------|-------------------|
| 48        | Snatch         | 31 kg  | Record Standard      | -         | -                 |
|           | Clean and Jerk | 39 kg  | Record Standard      | -         | -                 |
|           | Total          | 74 kg  | Record Standard      | -         | -                 |
| 53        | Snatch         | 34 kg  | Record Standard      | -         | -                 |
|           | Clean and Jerk | 42 kg  | Record Standard      | -         | -                 |
|           | Total          | 76 kg  | Record Standard      | -         | -                 |
| 58        | Snatch         | 46 kg  | Alexandria Zikoyanis | 9/27/2025 | NYS Championships |
|           | Clean and Jerk | 64 kg  | Alexandria Zikoyanis | 9/27/2025 | NYS Championships |
|           | Total          | 110 kg | Alexandria Zikoyanis | 9/27/2025 | NYS Championships |
| 63        | Snatch         | 69 kg  | Record Standard      | -         | -                 |
|           | Clean and Jerk | 86 kg  | Record Standard      | -         | -                 |
|           | Total          | 154 kg | Record Standard      | -         | -                 |
| 69        | Snatch         | 65 kg  | Record Standard      | -         | -                 |
|           | Clean and Jerk | 85 kg  | Record Standard      | -         | -                 |
|           | Total          | 150 kg | Record Standard      | -         | -                 |
| 77        | Snatch         | 58 kg  | Record Standard      | -         | -                 |
|           | Clean and Jerk | 70 kg  | Record Standard      | -         | -                 |
|           | Total          | 128 kg | Record Standard      | -         | -                 |
| 86        | Snatch         | 70 kg  | Record Standard      | -         | -                 |
|           | Clean and Jerk | 87 kg  | Record Standard      | -         | -                 |
|           | Total          | 157 kg | Record Standard      | -         | -                 |
| 86+       | Snatch         | 51 kg  | Record Standard      | -         | -                 |
|           | Clean and Jerk | 69 kg  | Record Standard      | -         | -                 |
|           | Total          | 120 kg | Record Standard      | -         | -                 |



# New York State Records



## Masters Women: 50-54

| Wt. Class | Lift           | Record | Name            | Date | Event |
|-----------|----------------|--------|-----------------|------|-------|
| 48        | Snatch         | 30 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 36 kg  | Record Standard | -    | -     |
|           | Total          | 66 kg  | Record Standard | -    | -     |
| 53        | Snatch         | 32 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 39 kg  | Record Standard | -    | -     |
|           | Total          | 71 kg  | Record Standard | -    | -     |
| 58        | Snatch         | 38 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 56 kg  | Record Standard | -    | -     |
|           | Total          | 94 kg  | Record Standard | -    | -     |
| 63        | Snatch         | 68 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 86 kg  | Record Standard | -    | -     |
|           | Total          | 154 kg | Record Standard | -    | -     |
| 69        | Snatch         | 62 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 78 kg  | Record Standard | -    | -     |
|           | Total          | 139 kg | Record Standard | -    | -     |
| 77        | Snatch         | 48 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 63 kg  | Record Standard | -    | -     |
|           | Total          | 109 kg | Record Standard | -    | -     |
| 86        | Snatch         | 43 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 57 kg  | Record Standard | -    | -     |
|           | Total          | 96 kg  | Record Standard | -    | -     |
| 86+       | Snatch         | 45 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 57 kg  | Record Standard | -    | -     |
|           | Total          | 99 kg  | Record Standard | -    | -     |



# New York State Records



## Masters Women: 55-59

| Wt. Class | Lift           | Record | Name             | Date      | Event                                |
|-----------|----------------|--------|------------------|-----------|--------------------------------------|
| 48        | Snatch         | 25 kg  | Record Standard  | -         | -                                    |
|           | Clean and Jerk | 31 kg  | Record Standard  | -         | -                                    |
|           | Total          | 56 kg  | Record Standard  | -         | -                                    |
| 53        | Snatch         | 27 kg  | Record Standard  | -         | -                                    |
|           | Clean and Jerk | 34 kg  | Record Standard  | -         | -                                    |
|           | Total          | 61 kg  | Record Standard  | -         | -                                    |
| 58        | Snatch         | 50 kg  | Record Standard  | -         | -                                    |
|           | Clean and Jerk | 58 kg  | Record Standard  | -         | -                                    |
|           | Total          | 108 kg | Record Standard  | -         | -                                    |
| 63        | Snatch         | 39 kg  | Record Standard  | -         | -                                    |
|           | Clean and Jerk | 55 kg  | Record Standard  | -         | -                                    |
|           | Total          | 94 kg  | Record Standard  | -         | -                                    |
| 69        | Snatch         | 45 kg  | Record Standard  | -         | -                                    |
|           | Clean and Jerk | 60 kg  | Tatiana Nikitina | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Total          | 104 kg | Record Standard  | -         | -                                    |
| 77        | Snatch         | 53 kg  | Ramona Cadogan   | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Clean and Jerk | 64 kg  | Ramona Cadogan   | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Total          | 117 kg | Ramona Cadogan   | 12/4/2025 | VW Finals & UMWF World Championships |
| 86        | Snatch         | 33 kg  | Record Standard  | -         | -                                    |
|           | Clean and Jerk | 47 kg  | Record Standard  | -         | -                                    |
|           | Total          | 80 kg  | Record Standard  | -         | -                                    |
| 86+       | Snatch         | 34 kg  | Record Standard  | -         | -                                    |
|           | Clean and Jerk | 51 kg  | Record Standard  | -         | -                                    |
|           | Total          | 85 kg  | Record Standard  | -         | -                                    |



# New York State Records



## Masters Women: 60-64

| Wt. Class | Lift           | Record | Name            | Date      | Event                                |
|-----------|----------------|--------|-----------------|-----------|--------------------------------------|
| 48        | Snatch         | 22 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 26 kg  | Record Standard | -         | -                                    |
|           | Total          | 48 kg  | Record Standard | -         | -                                    |
| 53        | Snatch         | 23 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 28 kg  | Record Standard | -         | -                                    |
|           | Total          | 51 kg  | Record Standard | -         | -                                    |
| 58        | Snatch         | 44 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 55 kg  | Sheryl Yacalis  | 9/27/2025 | NYS Championships                    |
|           | Total          | 97 kg  | Record Standard | -         | -                                    |
| 63        | Snatch         | 42 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 56 kg  | Record Standard | -         | -                                    |
|           | Total          | 98 kg  | Record Standard | -         | -                                    |
| 69        | Snatch         | 39 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 48 kg  | Record Standard | -         | -                                    |
|           | Total          | 87 kg  | Record Standard | -         | -                                    |
| 77        | Snatch         | 37 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 53 kg  | Record Standard | -         | -                                    |
|           | Total          | 89 kg  | Record Standard | -         | -                                    |
| 86        | Snatch         | 36 kg  | Record Standard | -         | -                                    |
|           | Clean and Jerk | 49 kg  | Record Standard | -         | -                                    |
|           | Total          | 85 kg  | Record Standard | -         | -                                    |
| 86+       | Snatch         | 40 kg  | Doreen Bowens   | 5/31/2025 | Murder of Crows Open                 |
|           | Clean and Jerk | 48 kg  | Doreen Bowens   | 12/4/2025 | VW Finals & UMWF World Championships |
|           | Total          | 87 kg  | Doreen Bowens   | 12/4/2025 | VW Finals & UMWF World Championships |



# New York State Records



## Masters Women: 65-69

| Wt. Class | Lift           | Record | Name            | Date      | Event           |
|-----------|----------------|--------|-----------------|-----------|-----------------|
| 48        | Snatch         | 21 kg  | Record Standard | -         | -               |
|           | Clean and Jerk | 25 kg  | Record Standard | -         | -               |
|           | Total          | 47 kg  | Record Standard | -         | -               |
| 53        | Snatch         | 22 kg  | Record Standard | -         | -               |
|           | Clean and Jerk | 27 kg  | Record Standard | -         | -               |
|           | Total          | 50 kg  | Record Standard | -         | -               |
| 58        | Snatch         | 19 kg  | Record Standard | -         | -               |
|           | Clean and Jerk | 26 kg  | Record Standard | -         | -               |
|           | Total          | 45 kg  | Record Standard | -         | -               |
| 63        | Snatch         | 20 kg  | Mary Storch     | 6/22/2025 | FLX Summer Open |
|           | Clean and Jerk | 29 kg  | Mary Storch     | 6/22/2025 | FLX Summer Open |
|           | Total          | 49 kg  | Mary Storch     | 6/22/2025 | FLX Summer Open |
| 69        | Snatch         | 38 kg  | Record Standard | -         | -               |
|           | Clean and Jerk | 47 kg  | Record Standard | -         | -               |
|           | Total          | 86 kg  | Record Standard | -         | -               |
| 77        | Snatch         | 36 kg  | Record Standard | -         | -               |
|           | Clean and Jerk | 52 kg  | Record Standard | -         | -               |
|           | Total          | 88 kg  | Record Standard | -         | -               |
| 86        | Snatch         | 35 kg  | Record Standard | -         | -               |
|           | Clean and Jerk | 48 kg  | Record Standard | -         | -               |
|           | Total          | 84 kg  | Record Standard | -         | -               |
| 86+       | Snatch         | 39 kg  | Record Standard | -         | -               |
|           | Clean and Jerk | 43 kg  | Record Standard | -         | -               |
|           | Total          | 83 kg  | Record Standard | -         | -               |



# New York State Records



## Masters Women: 70-74

| Wt. Class | Lift           | Record | Name            | Date | Event |
|-----------|----------------|--------|-----------------|------|-------|
| 48        | Snatch         | 20 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 24 kg  | Record Standard | -    | -     |
|           | Total          | 46 kg  | Record Standard | -    | -     |
| 53        | Snatch         | 21 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 26 kg  | Record Standard | -    | -     |
|           | Total          | 49 kg  | Record Standard | -    | -     |
| 58        | Snatch         | 18 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 25 kg  | Record Standard | -    | -     |
|           | Total          | 49 kg  | Record Standard | -    | -     |
| 63        | Snatch         | 19 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 28 kg  | Record Standard | -    | -     |
|           | Total          | 48 kg  | Record Standard | -    | -     |
| 69        | Snatch         | 30 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 40 kg  | Record Standard | -    | -     |
|           | Total          | 70 kg  | Record Standard | -    | -     |
| 77        | Snatch         | 35 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 51 kg  | Record Standard | -    | -     |
|           | Total          | 87 kg  | Record Standard | -    | -     |
| 86        | Snatch         | 34 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 47 kg  | Record Standard | -    | -     |
|           | Total          | 83 kg  | Record Standard | -    | -     |
| 86+       | Snatch         | 38 kg  | Record Standard | -    | -     |
|           | Clean and Jerk | 42 kg  | Record Standard | -    | -     |
|           | Total          | 82 kg  | Record Standard | -    | -     |



# New York State Records



## Masters Women: 75-79

| Wt. Class | Lift           | Record | Name            | Date      | Event             |
|-----------|----------------|--------|-----------------|-----------|-------------------|
| 48        | Snatch         | 19 kg  | Record Standard | -         | -                 |
|           | Clean and Jerk | 23 kg  | Record Standard | -         | -                 |
|           | Total          | 45 kg  | Record Standard | -         | -                 |
| 53        | Snatch         | 20 kg  | Record Standard | -         | -                 |
|           | Clean and Jerk | 24 kg  | Record Standard | -         | -                 |
|           | Total          | 48 kg  | Record Standard | -         | -                 |
| 58        | Snatch         | 17 kg  | Record Standard | -         | -                 |
|           | Clean and Jerk | 24 kg  | Record Standard | -         | -                 |
|           | Total          | 48 kg  | Record Standard | -         | -                 |
| 63        | Snatch         | 26 kg  | Linda Reesman   | 9/27/2025 | NYS Championships |
|           | Clean and Jerk | 34 kg  | Linda Reesman   | 9/27/2025 | NYS Championships |
|           | Total          | 60 kg  | Linda Reesman   | 9/27/2025 | NYS Championships |
| 69        | Snatch         | 29 kg  | Record Standard | -         | -                 |
|           | Clean and Jerk | 39 kg  | Record Standard | -         | -                 |
|           | Total          | 69 kg  | Record Standard | -         | -                 |
| 77        | Snatch         | 34 kg  | Record Standard | -         | -                 |
|           | Clean and Jerk | 50 kg  | Record Standard | -         | -                 |
|           | Total          | 86 kg  | Record Standard | -         | -                 |
| 86        | Snatch         | 33 kg  | Record Standard | -         | -                 |
|           | Clean and Jerk | 46 kg  | Record Standard | -         | -                 |
|           | Total          | 82 kg  | Record Standard | -         | -                 |
| 86+       | Snatch         | 37 kg  | Record Standard | -         | -                 |
|           | Clean and Jerk | 41 kg  | Record Standard | -         | -                 |
|           | Total          | 81 kg  | Record Standard | -         | -                 |