

## Competition Secretary Report: Hudson Valley Regional Open

Date: July 16, 2022

Venue: Holiday Inn

Address: 2170 South Road Poughkeepsie NY 12601

Meet Director: Joe Rodriguez

Competition Secretary: Jeff Scott

Number of athletes who competed:

20 women

18 men

Recap of the sessions:

Session 1 (8 athletes)

Weigh at 7:30 A.M.

Lift at 9:30 A.M.

Session time: 1 hour and 30 minutes

Weigh in officials: Melanie Berent and Sioban Sedney

Speaker: Joe Triolo

Timer/Scorekeeper: Dena Smith

Referees: Tony Gerasia, James McDermott and Sioban Sedney

Loaders: Alec Herbert and Lucas Workman

Session 2 (8 athletes)

Weigh in at 9:45 A.M.

Lift at 11:45 P.M.

Session time: 1 hour and 43 minutes

Weigh in officials: Chris Smith and Frank Mintz

Speaker: Joe Triolo

Timer/Scorekeeper: Dena Smith

Referees: Tony Gerasia, James McDermott and Frank Mintz

Loaders: Alec Herbert and Christian Tsakanikas

Session 3 (12 athletes)

Weigh at 12:00 P.M.

Lift at 2:00 P.M.

Session time: 1 hour and 48 minutes

Weigh in officials: Vicky Ferreira and Melanie Berent

Speaker: Joe Triolo

Timer/Scorekeeper: Dena Smith

Referees: James McDermott, Jerry Dunne and Vicky Ferreira

Loaders: Lucas Workman and Christian Tsakanikas

Session 4 (10 athletes)

Weigh at 2:30 P.M.

Lift at 4:30 P.M.

Session time: 2 hours and 8 minutes

Weigh in officials: Tony Gerasia and Frank Mintz

Speaker: Jerry Dunne

Timer/Scorekeeper: Dena Smith

Referees: Chris Smith, James McDermott, and Joelle Von Bischoffshausen

Loaders: Lucas Workman and Jennifer Howell-Clark

Awards:

Youth Award Female: Ariana Ferraro

Youth Award Male: Braycen Willhite

Best Lifter Female: Allie Wiseman

Best Lifter Male: Paul Woelmer

Master Female:

1. Joelle Von Bischoffshausen
2. Martha Sweet
3. Jen Nowitzke

Master Male:

1. Ryan Hansen
2. Noah Ottenstein
3. Jerry Dunne

Best Team Female: Axis Strength

Best Team Male: Team Connecticut

Event Summary:

The event ran as per the published schedule. The competition platform was well constructed and performed flawlessly throughout the event. The warm up area was outfitted with four platforms and complete sets of bars and plates. The environmental conditions of the venue were excellent. Temperatures for the athletes in the warm-up area and field of play were consistent all day. The venue was spacious, clean and well maintained throughout the event. It is anticipated that the 2023 NYS WSO event will be held at this venue.

Report prepared by:

Jeff Scott  
Competition Secretary