Minutes from the NY WSO Board Meeting on May 15, 2022

The meeting held online via Zoom.

Board President James McDermott called the meeting to order at 7 PM, board members present were:

James McDermott- President Adirondak, Chris Smith- Long Island, Joe Rodriguez - Hudson Valley, Frank Mintz - NYC, Alyssa Garrison - Athletes Rep, Jerry Dunne - Athletes Rep, John Fiorella - Niagara, Frank Ford -Central

Agenda:

Social Media

Emails

WSO Metrics

WSO Finances

Fundraising

2020/2021 Outstanding Lifters

NYS Championship (budget, invites, teams, apparel, banners, volunteers)

Welcome new board member Frank Ford representing Central NY.

- 1. Social Media tag @newyorkweightlifting on Instagram so posts can more easily be shared.
- 2. Emails to members once per month email members list of events.
- 3. Review of membership stats from USAW post on social media (USAW Instagram) showing 804 members. This information was outdated at time of post. Presently NY WSO is just over 1000 members.
- 4. Discussion on Outstanding Lifter awards. Considering lack of results due to limited events and lack of member participation due to the Covid-19 pandemic, nominations will be accepted for combined years 2020/2021 with a deadline of 07/01/2022. Nomination form to be sent in online. Link to be sent to members from President via email for nominations and request for volunteers at events.
- 5. Budget review for NYS championship meet. Not necessary to pay officials. Purchase of banner with new WSO logo. T-shirt logo and purchase amount. Frank Ford asked for clarification of the meet director cost and after discussion it was deemed appropriate. Discussion on awarding cash prizes to athletes in light of cutting payment to officials from budget. Increasing lifter cap for NYS Champs from 150 to 160 lifters.

Motion by James McDermott to award \$400 cash prize to overall Male and Female Senior and Junior by Sinclair. Motion was seconded. The president called for a vote. The vote was 7 in favor and 1 abstain. Motion passed.

New business:

Discussion on cooperation by meet directors to send in meet results to the NY WSO.

End of meeting 9:35 PM