New York State Records

Masters Women: 35-39

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	43 kg	Record Standard	-	-
	Clean and Jerk	53 kg	Record Standard	-	-
	Total	94 kg	Record Standard	-	-
53	Snatch	60 kg	Claire Weche	9/27/2025	NYS Championships
	Clean and Jerk	74 kg	Claire Weche	9/27/2025	NYS Championships
	Total	134 kg	Claire Weche	9/27/2025	NYS Championships
57	Snatch	72 kg	Record Standard	-	-
	Clean and Jerk	80 kg	Record Standard	-	-
	Total	152 kg	Record Standard	-	-
61	Snatch	64 kg	Record Standard	-	-
	Clean and Jerk	80 kg	Record Standard	-	-
	Total	143 kg	Record Standard	-	-
69	Snatch	73 kg	Chloe Starr	9/11/2026	Virus Weightlifting Series 2
	Clean and Jerk	100 kg	Chloe Starr	9/11/2026	Virus Weightlifting Series 2
	Total	173 kg	Chloe Starr	9/11/2026	Virus Weightlifting Series 2
77	Snatch	81 kg	Holly Crane	3/5/2026	Virus Weightlifting Series 1
	Clean and Jerk	102 kg	Holly Crane	5/30/2026	Murder of Crows Open
	Total	182 kg	Holly Crane	5/30/2026	Murder of Crows Open
86	Snatch	80 kg	Lola Lopez Guardone	12/4/2025	VW Finals & UMWF World Championships
	Clean and Jerk	95 kg	Record Standard	-	-
	Total	174 kg	Lola Lopez Guardone	12/4/2025	VW Finals & UMWF World Championships
86+	Snatch	80 kg	Yetunde Olayinka	9/11/2026	Virus Weightlifting Series 2
	Clean and Jerk	110 kg	Huyen Chau	9/27/2025	NYS Championships
	Total	189 kg	Huyen Chau	9/27/2025	NYS Championships

New York State Records

Masters Women: 40-44

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	44 kg	Record Standard	-	-
	Clean and Jerk	55 kg	Record Standard	-	-
	Total	99 kg	Record Standard	-	-
53	Snatch	55 kg	Zandra Pardo	9/27/2025	NYS Championships
	Clean and Jerk	68 kg	Zandra Pardo	9/27/2025	NYS Championships
	Total	123 kg	Zandra Pardo	9/27/2025	NYS Championships
57	Snatch	77 kg	Record Standard	-	-
	Clean and Jerk	101 kg	Record Standard	-	-
	Total	178 kg	Record Standard	-	-
61	Snatch	80 kg	Record Standard	-	-
	Clean and Jerk	101 kg	Record Standard	-	-
	Total	181 kg	Record Standard	-	-
69	Snatch	67 kg	Record Standard	-	-
	Clean and Jerk	87 kg	Record Standard	-	-
	Total	154 kg	Record Standard	-	-
77	Snatch	77 kg	Lucille Murphy	3/5/2026	Virus Weightlifting Series 1
	Clean and Jerk	97 kg	Lucille Murphy	3/5/2026	Virus Weightlifting Series 1
	Total	174 kg	Lucille Murphy	3/5/2026	Virus Weightlifting Series 1
86	Snatch	78 kg	Lola Lopez Guardone	1/24/2026	NYC Regional & Open
	Clean and Jerk	94 kg	Lola Lopez Guardone	1/24/2026	NYC Regional & Open
	Total	172 kg	Lola Lopez Guardone	1/24/2026	NYC Regional & Open
86+	Snatch	75 kg	Amanda Cann	12/4/2025	VW Finals & UMWF World Championships
	Clean and Jerk	91 kg	Record Standard	-	-
	Total	164 kg	Amanda Cann	8/31/2025	Virus Weightlifting Series II

New York State Records

Masters Women: 45-49

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	31 kg	Record Standard	-	-
	Clean and Jerk	39 kg	Record Standard	-	-
	Total	74 kg	Record Standard	-	-
53	Snatch	53 kg	Zandra Pardo	9/26/2026	NYS Championships
	Clean and Jerk	68 kg	Zandra Pardo	5/9/2026	Iron Bloom Classic
	Total	121 kg	Zandra Pardo	9/26/2026	NYS Championships
57	Snatch	46 kg	Record Standard	-	-
	Clean and Jerk	64 kg	Record Standard	-	-
	Total	110 kg	Record Standard	-	-
61	Snatch	69 kg	Record Standard	-	-
	Clean and Jerk	86 kg	Record Standard	-	-
	Total	154 kg	Record Standard	-	-
69	Snatch	65 kg	Record Standard	-	-
	Clean and Jerk	85 kg	Record Standard	-	-
	Total	150 kg	Record Standard	-	-
77	Snatch	58 kg	Record Standard	-	-
	Clean and Jerk	70 kg	Record Standard	-	-
	Total	128 kg	Record Standard	-	-
86	Snatch	70 kg	Record Standard	-	-
	Clean and Jerk	87 kg	Record Standard	-	-
	Total	157 kg	Record Standard	-	-
86+	Snatch	52 kg	Tacora Beasley	5/30/2026	Murder of Crows Open
	Clean and Jerk	69 kg	Record Standard	-	-
	Total	120 kg	Record Standard	-	-

New York State Records

Masters Women: 50-54

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	30 kg	Record Standard	-	-
	Clean and Jerk	36 kg	Record Standard	-	-
	Total	66 kg	Record Standard	-	-
53	Snatch	32 kg	Record Standard	-	-
	Clean and Jerk	39 kg	Record Standard	-	-
	Total	71 kg	Record Standard	-	-
57	Snatch	39 kg	Record Standard	-	-
	Clean and Jerk	56 kg	Record Standard	-	-
	Total	94 kg	Record Standard	-	-
61	Snatch	68 kg	Record Standard	-	-
	Clean and Jerk	86 kg	Record Standard	-	-
	Total	154 kg	Record Standard	-	-
69	Snatch	62 kg	Record Standard	-	-
	Clean and Jerk	78 kg	Record Standard	-	-
	Total	139 kg	Record Standard	-	-
77	Snatch	48 kg	Record Standard	-	-
	Clean and Jerk	63 kg	Record Standard	-	-
	Total	109 kg	Record Standard	-	-
86	Snatch	46 kg	D Roman-Gonzalez	9/26/2026	NYS Championships
	Clean and Jerk	60 kg	Christy Saint	4/25/2026	ADK Regional Open
	Total	106 kg	D Roman-Gonzalez	9/26/2026	NYS Championships
86+	Snatch	45 kg	Record Standard	-	-
	Clean and Jerk	57 kg	Record Standard	-	-
	Total	99 kg	Record Standard	-	-

New York State Records

Masters Women: 55-59

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	25 kg	Record Standard	-	-
	Clean and Jerk	31 kg	Record Standard	-	-
	Total	56 kg	Record Standard	-	-
53	Snatch	27 kg	Record Standard	-	-
	Clean and Jerk	34 kg	Record Standard	-	-
	Total	61 kg	Record Standard	-	-
57	Snatch	50 kg	Record Standard	-	-
	Clean and Jerk	60 kg	Record Standard	-	-
	Total	108 kg	Record Standard	-	-
61	Snatch	41 kg	Record Standard	-	-
	Clean and Jerk	55 kg	Record Standard	-	-
	Total	94 kg	Record Standard	-	-
69	Snatch	45 kg	Record Standard	-	-
	Clean and Jerk	60 kg	Tatiana Nikitina	12/4/2025	VW Finals & UMWF World Championships
	Total	104 kg	Record Standard	-	-
77	Snatch	53 kg	Ramona Cadogan	12/4/2025	VW Finals & UMWF World Championships
	Clean and Jerk	64 kg	Ramona Cadogan	12/4/2025	VW Finals & UMWF World Championships
	Total	117 kg	Ramona Cadogan	12/4/2025	VW Finals & UMWF World Championships
86	Snatch	33 kg	Record Standard	-	-
	Clean and Jerk	47 kg	Record Standard	-	-
	Total	80 kg	Record Standard	-	-
86+	Snatch	34 kg	Record Standard	-	-
	Clean and Jerk	51 kg	Record Standard	-	-
	Total	85 kg	Record Standard	-	-

New York State Records

Masters Women: 60-64

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	22 kg	Record Standard	-	-
	Clean and Jerk	26 kg	Record Standard	-	-
	Total	48 kg	Record Standard	-	-
53	Snatch	23 kg	Record Standard	-	-
	Clean and Jerk	28 kg	Record Standard	-	-
	Total	51 kg	Record Standard	-	-
57	Snatch	44 kg	Record Standard	-	-
	Clean and Jerk	55 kg	Record Standard	-	-
	Total	97 kg	Record Standard	-	-
61	Snatch	42 kg	Record Standard	-	-
	Clean and Jerk	56 kg	Record Standard	-	-
	Total	98 kg	Record Standard	-	-
69	Snatch	42 kg	Karin Gaul	9/26/2026	NYS Championships
	Clean and Jerk	49 kg	Karin Gaul	9/26/2026	NYS Championships
	Total	91 kg	Karin Gaul	9/26/2026	NYS Championships
77	Snatch	37 kg	Record Standard	-	-
	Clean and Jerk	53 kg	Record Standard	-	-
	Total	89 kg	Record Standard	-	-
86	Snatch	36 kg	Record Standard	-	-
	Clean and Jerk	49 kg	Record Standard	-	-
	Total	85 kg	Record Standard	-	-
86+	Snatch	40 kg	Doreen Bowens	5/31/2025	Murder of Crows Open
	Clean and Jerk	48 kg	Doreen Bowens	12/4/2025	VW Finals & UMWF World Championships
	Total	87 kg	Doreen Bowens	12/4/2025	VW Finals & UMWF World Championships

New York State Records

Masters Women: 65-69

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	21 kg	Record Standard	-	-
	Clean and Jerk	25 kg	Record Standard	-	-
	Total	47 kg	Record Standard	-	-
53	Snatch	22 kg	Record Standard	-	-
	Clean and Jerk	27 kg	Record Standard	-	-
	Total	50 kg	Record Standard	-	-
57	Snatch	20 kg	Record Standard	-	-
	Clean and Jerk	27 kg	Record Standard	-	-
	Total	47 kg	Record Standard	-	-
61	Snatch	20 kg	Record Standard	-	-
	Clean and Jerk	29 kg	Record Standard	-	-
	Total	49 kg	Record Standard	-	-
69	Snatch	38 kg	Record Standard	-	-
	Clean and Jerk	47 kg	Record Standard	-	-
	Total	86 kg	Record Standard	-	-
77	Snatch	36 kg	Record Standard	-	-
	Clean and Jerk	52 kg	Record Standard	-	-
	Total	88 kg	Record Standard	-	-
86	Snatch	35 kg	Record Standard	-	-
	Clean and Jerk	48 kg	Record Standard	-	-
	Total	84 kg	Record Standard	-	-
86+	Snatch	39 kg	Record Standard	-	-
	Clean and Jerk	43 kg	Record Standard	-	-
	Total	83 kg	Record Standard	-	-

New York State Records

Masters Women: 70-74

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	18 kg	Record Standard	-	-
	Clean and Jerk	22 kg	Record Standard	-	-
	Total	40 kg	Record Standard	-	-
53	Snatch	19 kg	Record Standard	-	-
	Clean and Jerk	23 kg	Record Standard	-	-
	Total	42 kg	Record Standard	-	-
57	Snatch	20 kg	Record Standard	-	-
	Clean and Jerk	24 kg	Record Standard	-	-
	Total	44 kg	Record Standard	-	-
61	Snatch	21 kg	Record Standard	-	-
	Clean and Jerk	25 kg	Record Standard	-	-
	Total	46 kg	Record Standard	-	-
69	Snatch	23 kg	Record Standard	-	-
	Clean and Jerk	27 kg	Record Standard	-	-
	Total	50 kg	Record Standard	-	-
77	Snatch	25 kg	Record Standard	-	-
	Clean and Jerk	32 kg	Record Standard	-	-
	Total	59 kg	Record Standard	-	-
86	Snatch	27 kg	Record Standard	-	-
	Clean and Jerk	32 kg	Record Standard	-	-
	Total	59 kg	Record Standard	-	-
86+	Snatch	30 kg	Record Standard	-	-
	Clean and Jerk	35 kg	Record Standard	-	-
	Total	65 kg	Record Standard	-	-

New York State Records

Masters Women: 75-79

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	16 kg	Record Standard	-	-
	Clean and Jerk	20 kg	Record Standard	-	-
	Total	36 kg	Record Standard	-	-
53	Snatch	17 kg	Record Standard	-	-
	Clean and Jerk	20 kg	Record Standard	-	-
	Total	37 kg	Record Standard	-	-
57	Snatch	18 kg	Record Standard	-	-
	Clean and Jerk	22 kg	Record Standard	-	-
	Total	40 kg	Record Standard	-	-
61	Snatch	26 kg	Linda Reesman	9/26/2026	NYS Championships
	Clean and Jerk	35 kg	Linda Reesman	9/26/2026	NYS Championships
	Total	61 kg	Linda Reesman	9/26/2026	NYS Championships
69	Snatch	20 kg	Record Standard	-	-
	Clean and Jerk	24 kg	Record Standard	-	-
	Total	44 kg	Record Standard	-	-
77	Snatch	22 kg	Record Standard	-	-
	Clean and Jerk	26 kg	Record Standard	-	-
	Total	48 kg	Record Standard	-	-
86	Snatch	24 kg	Record Standard	-	-
	Clean and Jerk	29 kg	Record Standard	-	-
	Total	53 kg	Record Standard	-	-
86+	Snatch	27 kg	Record Standard	-	-
	Clean and Jerk	32 kg	Record Standard	-	-
	Total	59 kg	Record Standard	-	-

New York State Records

Masters Women: 80-84

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	14 kg	Record Standard	-	-
	Clean and Jerk	16 kg	Record Standard	-	-
	Total	30 kg	Record Standard	-	-
53	Snatch	15 kg	Record Standard	-	-
	Clean and Jerk	16 kg	Record Standard	-	-
	Total	31 kg	Record Standard	-	-
57	Snatch	15 kg	Record Standard	-	-
	Clean and Jerk	17 kg	Record Standard	-	-
	Total	32 kg	Record Standard	-	-
61	Snatch	16 kg	Record Standard	-	-
	Clean and Jerk	18 kg	Record Standard	-	-
	Total	34 kg	Record Standard	-	-
69	Snatch	18 kg	Record Standard	-	-
	Clean and Jerk	20 kg	Record Standard	-	-
	Total	38 kg	Record Standard	-	-
77	Snatch	19 kg	Record Standard	-	-
	Clean and Jerk	21 kg	Record Standard	-	-
	Total	40 kg	Record Standard	-	-
86	Snatch	20 kg	Record Standard	-	-
	Clean and Jerk	23 kg	Record Standard	-	-
	Total	43 kg	Record Standard	-	-
86+	Snatch	23 kg	Record Standard	-	-
	Clean and Jerk	26 kg	Record Standard	-	-
	Total	49 kg	Record Standard	-	-

New York State Records

Masters Women: 85-89

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	10 kg	Record Standard	-	-
	Clean and Jerk	12 kg	Record Standard	-	-
	Total	22 kg	Record Standard	-	-
53	Snatch	11 kg	Record Standard	-	-
	Clean and Jerk	13 kg	Record Standard	-	-
	Total	24 kg	Record Standard	-	-
57	Snatch	12 kg	Record Standard	-	-
	Clean and Jerk	13 kg	Record Standard	-	-
	Total	25 kg	Record Standard	-	-
61	Snatch	13 kg	Record Standard	-	-
	Clean and Jerk	14 kg	Record Standard	-	-
	Total	27 kg	Record Standard	-	-
69	Snatch	15 kg	Record Standard	-	-
	Clean and Jerk	17 kg	Record Standard	-	-
	Total	32 kg	Record Standard	-	-
77	Snatch	16 kg	Record Standard	-	-
	Clean and Jerk	19 kg	Record Standard	-	-
	Total	35 kg	Record Standard	-	-
86	Snatch	17 kg	Record Standard	-	-
	Clean and Jerk	21 kg	Record Standard	-	-
	Total	38 kg	Record Standard	-	-
86+	Snatch	19 kg	Record Standard	-	-
	Clean and Jerk	22 kg	Record Standard	-	-
	Total	41 kg	Record Standard	-	-

New York State Records

Masters Women: 90-94

Wt. Class	Lift	Record	Name	Date	Event
49	Snatch	7 kg	Record Standard	-	-
	Clean and Jerk	9 kg	Record Standard	-	-
	Total	16 kg	Record Standard	-	-
53	Snatch	7 kg	Record Standard	-	-
	Clean and Jerk	10 kg	Record Standard	-	-
	Total	17 kg	Record Standard	-	-
57	Snatch	8 kg	Record Standard	-	-
	Clean and Jerk	10 kg	Record Standard	-	-
	Total	18 kg	Record Standard	-	-
61	Snatch	8 kg	Record Standard	-	-
	Clean and Jerk	11 kg	Record Standard	-	-
	Total	19 kg	Record Standard	-	-
69	Snatch	9 kg	Record Standard	-	-
	Clean and Jerk	12 kg	Record Standard	-	-
	Total	20 kg	Record Standard	-	-
77	Snatch	10 kg	Record Standard	-	-
	Clean and Jerk	13 kg	Record Standard	-	-
	Total	23 kg	Record Standard	-	-
86	Snatch	11 kg	Record Standard	-	-
	Clean and Jerk	14 kg	Record Standard	-	-
	Total	25 kg	Record Standard	-	-
86+	Snatch	12 kg	Record Standard	-	-
	Clean and Jerk	15 kg	Record Standard	-	-
	Total	27 kg	Record Standard	-	-