Minutes from the LWC 06 Board Meeting on 12/11/2020 The meeting was held via Zoom video conference. The meeting was called to order at 7:08 The agenda for the meeting: 1. Call to order 2. Remarks by the President 3. Review minutes from 11/20/2020 general membership meeting 4. Presentation of survey results – discussion led by Frank Mintz 5. Financial report by the Treasurer – Joe Rodriguez 6. Old Business 7. New Business 8. Close meeting Roll call was taken and the board members present were introduced. Chris Smith, President

Jeff Scott, Secretary

Frank Mintz, Technology Chair

Joe Rodriguez, Treasurer

Dena Smith, TOL

Jerry Dunne, TOL

Kurt Roderick, Club rep

Sara Soto, Athlete rep

Joe Triolo, Ad Hoc member

The agenda for the meeting and the general membership meeting minutes were e-mailed to everyone prior to the meeting.

The President gave his opening remarks in which he:

- Thanked all board members in attendance.
- Thanked Kurt Roderick for providing a venue for the on-line Nationals, Youth nationals and AO Finals.
- Put out a call for more membership in all zones and called on all board members to redouble their efforts to attract and retain members. Membership has dropped to 635 current members in our LWC and there is no sign that the trend is reversing.

Frank Mintz went over the recent member survey results in detail following up on his summary discussion during the general membership meeting. The questions posed to members and their answers were presented to the board.

- Out of 635 current members, the response rate was just under 10%.
- Members are aware of the on-line events being held.
- Some members need equipment and/or a gym to lift in.
- Out of 430 members lapsed since March of 2020 the response rate was just under 12%. Their concerns were similar to those voiced by current members.
- It was not asked during the survey why members had let their USAW memberships lapse.
- Responders to the survey felt that we need to have on-line and live events.

Frank concluded his remarks by reporting that 50% of our current membership consists of coaches at level one or higher.

Treasurer Joe Rodriguez gave a financial report. The LWC has \$ 6,547.54 in its USAW account. Most of the expenses since the last report were for equipment that was given to clubs in the LWC.

The President opened the floor for the discussion of old business.

Following up on an item from the 11/20/2020 general membership meeting, The Secretary reported that USAW confirmed that they are still allowing on-line qualification provided lifters sign-up for the monthly rolling qualifiers. On-line submissions are not considered for stipends nor for international team slots.

The 2021 New York State event will be hosted by Swaggler Strength in October in LWC zone four.

There was some discussion regarding the test on-line events the LWC held during the fall. Overall, the consensus was that the events were useful. Some liked the round-robin format, and some did not. It was agreed to try to another test event using the standard format if possible.

With the discussion of old business concluded, the President opened the floor for the discussion of new business.

The question of qualification to serve on the LWC board when eligibility criteria have lapsed was brought up. It was noted that certain board members may have forfeited their positions through non-

participation, expiration of USAW membership or the lapse of other required credentials, i.e. active club presidency, safe sport certification, etc. A lively discussion ensued during which three present cases were reviewed and discussed.

In two cases the positions are now up for re-election and it was agreed that no further action was necessary. In the third case it was noted that the position is not up for re-election and a motion was made by Sara Soto to consider that position vacated. The motion was seconded by Jerry Dunne. After lengthy discussion of the situation the President called for a vote. Five members voted yea and four members abstained. Thus, the motion to consider the position vacated carried. The process will continue as applicable sections of the USAW by-laws are followed.

Sara Soto made a motion to return the staggering of positions to the election process. After a brief review of how the positions became un-staggered, she withdrew the motion.

Kurt Roderick presented the board with an idea to expand the use of InstaGram as a marketing tool and asked permission to take over the LWC InstaGram account for a trial period. He made a motion for the board to consider the idea and Sara Soto seconded the motion. There followed a lengthy discussion and the board, by acclamation, indicated that they were in favor of broad cooperation among the members to enhance our InstaGram presence with the details of the process to be determined before the next board meeting.

It was mentioned that the event schedule would be established at the upcoming general membership meeting.

There being no further new business to discuss, the meeting was closed at 9:13.

Jeff Scott

Secretary, LWC 06