

A general membership meeting was held on 1/27/2019 at Locomotive Crossfit in Fishkill, NY.

Here is the agenda for the meeting:

1. Open meeting and introductory remarks by LWCPresident.
2. Introduction of LWC Board Members.
3. Review of the LWC Event Schedule for 2019.
4. Review of recent changes to the LWC by-laws.
5. Review of current USAW policies regarding local (LWC) events.
6. Member question and answer session.
7. Close meeting.

The meeting was called to order by LWC President Chris Smith at 1:16 P.M.

The LWC President gave his opening remarks and thanked everyone present for coming and supporting the LWC. He outlined his vision for the direction and future of the LWC with particular emphasis on his commitment to more actively involve LWC Zone 2,3, and 4 members in governance and operations.

The board members present were introduced:

Chris Smith, President

Jeff Scott, Secretary

Frank Mintz, Technology Chair

Joe Triolo, CAT1 referee

Dan Boland, National referee

Dena Smith, National referee

The floor was opened for discussion of the 2019 event schedule. The following tentative dates/locations were presented to the assembled members. Events are listed by date, host and location.

2/10 – Brooklyn Barbell, Brooklyn

3/23 – LBH, Rego Park

4/6 – Intrepid Crossfit, Warwick

4/6 – Murder of Crows, Brooklyn

4/?? – WL Institute, TBD

5/18 – Long Island WL – Rego Park

6/8-9 – Murder of Crows, Brooklyn

7/20 – Locomotive Crossfit, Fishkill

8/17-18 – Brooklyn Barbell, Brooklyn

8/24-25 – TBD, Harriman Park (outdoor event)

10/26-27 – LBH, TBD

11/2-3 – Intrepid Crossfit, Warwick

11/10 – Brooklyn Barbell, Brooklyn

12/14-15 – Murder of Crows, Brooklyn

12/15 – Long Island WL – Garden City

The tentative schedule was reviewed in chronological order. The National event calendar was also reviewed to ensure there were no conflicts with LWC events. The role of and rules for closed events were discussed (see LWC by-laws for more details). The LWC Zones were reviewed and described. A color-coded map will be made available for viewing.

Next, there was a review of the recent changes to the LWC by-laws regarding board composition. The full text of the changes is posted on the LWC website. Please refer to the minutes from the 11/25/2018 board meeting for full details.

The current terms of elected officials and new positions up for election were reviewed and discussed. A summary is included herein:

The president is up for election in December 2019

The secretary is up for election in December 2021

The athlete rep (female) is up for election in December 2020

The club rep position is up for election in December 2020

The 2 TOL positions are open

A club rep position is open

The athlete rep (male) position is open

3 zone governor positions are open

The group took a pizza break.

A review of USAW policies regarding local events was presented. Two handouts were provided. One was the list of requirements from USAW for requesting a local event sanction. The other was a handbook for LWC meet directors that was prepared by Kurt Roderick. The president re-iterated to all present the need to follow the guidelines for officials at LWC events and went over the requirements for background checks, safesport certification and referee credentials.

Chris Smith presented a concept for a zone meet series. Each LWC zone would hold a preliminary meet in April as a qualifier event. A final event would follow with each zone sending 60 lifters to the event. There was considerable discussion of the idea including the timing, logistics and feasibility of holding such a large event and adding five competitions to the LWC calendar. There was no consensus regarding the concept.

The floor was opened for member questions and answers.

The question of how to use LWC finances was brought up and several possible scenarios were discussed. There were as many opinions on the issue as there were members present. Joe Triolo emphasized that there must first be a fair and unbiased selection process. Dan Boland offered a unique proposal to the group suggesting that the best way to put money back into the pockets of LWC members is to lower entry fees to the events.

Kevin Nelson initiated a discussion about the LWC website and the use of social media to communicate with members. The LWC is planning to re-do the website and will make every effort to make the new site better-suited for viewing on smart phones as Kevin suggested. The LWC will also look into how other social media outlets, besides the website, can be used to promote weightlifting and communicate with members.

The president went over the upcoming election process describing how there would first be nominations for the open positions and then the election would follow immediately thereafter. He reminded all that candidates may accept and run for multiple positions but can only serve in one elected position.

There being no further questions or items for discussion, the meeting was closed at 3:16 P.M. Joe Triolo, Cat 1 referee and chair of the USAW Technical Committee, presented a rules clinic to those who stayed. All of the new IWF rule changes were covered.

Jeff Scott

Secretary, LWC 06